## Meal Period Schedule for Chestnut Tree and New College

### MON - THURS

<table>
<thead>
<tr>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td>7:00AM - 10:30AM Full Breakfast</td>
</tr>
<tr>
<td></td>
<td>10:30AM - 11:30AM Continental, Deli, Salad</td>
</tr>
<tr>
<td><strong>Lunch</strong></td>
<td>11:30AM - 1:30PM Full Lunch</td>
</tr>
<tr>
<td></td>
<td>1:30PM - 2:30PM Market Station, Deli, Salad, Pizza</td>
</tr>
<tr>
<td></td>
<td>2:30PM - 4:45PM Deli, Salad, Pizza</td>
</tr>
<tr>
<td><strong>Dinner</strong></td>
<td>4:45PM - 8:00PM Full Dinner</td>
</tr>
<tr>
<td><strong>Late Dinner</strong></td>
<td>8:00PM - 10:00PM Deli, Salad, Pizza</td>
</tr>
</tbody>
</table>

### FRIDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td>7:00AM - 10:30AM Full Breakfast</td>
</tr>
<tr>
<td></td>
<td>10:30AM - 11:30AM Continental, Deli, Salad</td>
</tr>
<tr>
<td><strong>Lunch</strong></td>
<td>11:30AM - 1:30PM Full Lunch</td>
</tr>
<tr>
<td></td>
<td>1:30PM - 2:30PM Market Station, Deli, Salad, Pizza</td>
</tr>
<tr>
<td></td>
<td>2:30PM - 4:45PM Deli, Salad, Pizza</td>
</tr>
<tr>
<td><strong>Dinner</strong></td>
<td>4:45PM - 8:00PM Full Dinner</td>
</tr>
</tbody>
</table>

### WEEKENDS, READING WEEK & HOLIDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td>8:30AM - 10:30AM Full Breakfast</td>
</tr>
<tr>
<td><strong>Lunch</strong></td>
<td>10:30AM - 2:30PM Brunch</td>
</tr>
<tr>
<td></td>
<td>2:30PM - 4:45PM Deli, Salad, Pizza</td>
</tr>
<tr>
<td><strong>Dinner</strong></td>
<td>4:45PM - 8:00PM Full Dinner</td>
</tr>
</tbody>
</table>
New College Residence
The meal plan period for 2016-2017 begins at 5PM on Sunday, September 4th, 2016 and ends at 5PM on Tuesday, December 20, 2016.

The 2017 Winter Term meal plan period begins at 7AM on Wednesday, January 4th, 2017 and ends at 5PM on Friday, April 28th 2017.

The University is closed for the Winter Break from 5PM on December 20th, 2016 (No Dinner Services) opening again for breakfast at 7AM on January 4th, 2017.

Chestnut Residence
The meal plan period for 2016-2017 begins at 7AM on Monday, September 5th, 2016 and ends at 5PM on Tuesday, December 20th, 2016.

The 2017 Winter Term meal plan period begins at 7AM on Wednesday, January 4th, 2017 and ends at 5PM on Friday, April 28th, 2017.

The University is closed for the Winter Break from 5PM on December 20th, 2016 (No Dinner Services) opening again for breakfast at 7AM on January 4th, 2017.

Reading Week
During Reading Week from Monday, February 20th 2017 to Friday, February 24th 2017, Chestnut Tree and New College Dining Hall will be operating on holiday hours and closing at 8PM each night.

Holidays
Throughout the year there are National and Civic holidays where Chestnut Tree and New College Dining Hall follow restricted hours:

Canadian Thanksgiving (Monday, October 10th 2016)
Family Day (Monday, February 20th 2017)
Good Friday (Friday, April 14th 2017)

The Dining Halls are CLOSED on the following holidays in addition to the winter break (see above):
Christmas Day (Sunday, December 25th 2016)
New Years Day (Sunday, January 1st 2017)
Students are now welcome to bring their coats and bags into the Dining Halls. The dining staff request that students abide by the following rules:

1. **Be Safe** - Please keep your bags and coats on your chair or with you at all times while in the dining hall.*

2. **Be Kind** - Please do not take up extra seats for your personal belongings. Space is limited during peak times and your cooperation is greatly appreciated.

3. **Be Courteous** - Please do not leave bags or coats on the floor or in the main passageways, as this could be a tripping hazard.

4. **Be Honest** - Stealing or removing food from the dining hall without express permission of the dining hall staff is strictly prohibited and is a violation of the Chestnut & New College Code of Conduct. Dining hall staff reserve the right to inspect all bags and coats if they suspect someone has stolen food out of the dining hall area.

5. **Be Responsible** - When possible leave your coats and bags in your room or in the cubbyholes provided at the entrance of the dining hall.*

*Food Services is not responsible for any lost, damaged or stolen bags, coats or other personal items left unattended in the dining hall or surrounding area.
**General Rules and Conduct in the Dining Halls**

**I have a friend who is visiting, can I bring him/her into the Dining Hall for a meal?**

Your family and friends are welcome. You have 2 choices for payment:

1. **Guest Meal Passes with your Meal Plan**
   A Guest Pass lets you treat a guest to a meal in the Dining Room for $6.75 (inclusive of tax). Your allocation of Guest Passes is a welcome gift from us and is not replenish-able. The number of guest passes you are given depends on what Meal Plan you have purchased. One swipe of your TCard plus $6.75 cash will feed a friend, Mum, or Dad until your allocation has been used up.

2. **Cash meal prices**
   Guests may also pay cash at the door when accompanied by a registered student. 2016/17 prices as follows:
   - Breakfast: $9.50
   - Lunch: $13.25
   - Dinner: $14.50

Prices are inclusive of applicable taxes.

**General Conduct**

In the Dining Halls, you are expected to observe all the University rules of conduct. If you are intoxicated, throwing food, removing food or property, or otherwise creating a disturbance, you will be asked to leave.

As a courtesy to others in the dining hall, clean attire must be worn at all times, including shoes and shirts. Skateboards, rollerblades and oversized coats are not permitted in the dining halls.

**Guest Conduct**

Residents are responsible for the conduct of their guests while in the Dining Rooms.

**Share the Space!**

Please refrain from taking up space on the chairs and tables for your books or laptop.

**Cleaning up**

Please pick up all your dishes, cutlery and glassware and return these items to one of the compost stations. If you notice a spill, please let one of the Dining Hall staff know so that it can be cleaned up immediately.

**Reduce Food Waste!**

Be mindful of not taking more than you eat: you can always go back for seconds.
May I take food back to my room for a snack?
Your Meal Plan was not designed to allow for take-out snacks. Exceptions - you can take out one of the following:

- 1 ice-cream cone
- 1 cookie
- 1 piece of fruit
- 1 “enviro-mug” containing no more than 750ml of beverage (Plastic water and pop bottles not permitted).

Removal of any china or silverware will result in the suspension of your Meal Plan immediately and/or result in a fine, or loss of meal privileges.

How do I get into the Dining Halls?
Your University of Toronto Student Card (TCard) is your ticket into the Dining Halls. Everyone must swipe a TCard or pay for a meal to enter Chestnut Tree or New College Dining rooms. There will be absolutely no exceptions.

Remember: No one other than you may use your meal card. CARDS MAY NOT BE TRANSFERRED. If you are caught lending your card it will result in the suspension of your Meal Plan immediately and/or result in a $100 fine, or loss of meal privileges.

Meals to Go (Lunch)
You can sign up for a bag meal - lunch.

You must sign up for your lunch bag on-line at https://weblogin.utoronto.ca at least 24 hours prior to the meal pickup.

The cut off time for ordering is 7AM the day BEFORE. Students who do not pick up bag meals may lose their meal bag privileges; remember that each time you sign up it counts as a meal swipe.

Take away meals are picked up at:

**Chestnut:** Chestnut Tree cashier stand
7AM - 10:30AM
Monday through to Friday.

Please note there is a $4 fee for a bag lunch.

**New College:** Wilson Hall Cashier Stand
7AM - 10:30AM
Monday through to Friday.

**Lunch Bag:**
- Daily Deluxe Salad
  (Please see on-line menu)
- OR Deluxe Deli Sandwich of the day
  (Please see on-line menu)
- OR a choice from our Classic Sandwich Line
  (Please see on-line menu)
- 1 Beverage (Pop, Juice or Milk)
- Small Salad OR Veggie Sticks
- Cookie/s
Can you accommodate special dietary needs?
Although we will provide assistance for eating within certain criteria for dietary purposes within our existing food program, we cannot accommodate diets that are restrictive (for religious or personal needs) or require the purchase of specialty or brand-specific products.

Vegetarian/Vegan
The menu cycle offers vegetarian and vegan lunch and dinner entree. Soya Milk, Lactaid free Milk is also offered at all meals, with Sherbet and Soy being included in the ice-cream selection.

Allergies or Food Intolerances
If you have allergies or food intolerances, please let us know who you are. The Director of Retail Dining will sit down with you to discuss your specific needs. We list ingredients for foods that are prepared “in-house”. You are welcome to check the ingredients lists of any purchased items.

Prescribed diets
If you must follow a medically prescribed diet, please meet with the Residence Office to see if the meal options may be modified to accommodate your needs.

Special Dietary Needs and Food Choices

FOOD STANDARDS

The University of Toronto has developed the following Food Standards that are observed at both dining halls.

Gluten Free
Foods labeled Non-Certified Gluten Free on campus have been prepared on campus and do not contain wheat, barley, rye, spelt and kamut, or their derivatives. Products using this label however are not tested, so there is no guarantee they have not been contaminated by gluten at some stage of production or distribution.

Vegetarian
Much like other foods prepared and served by Food Services at the University of Toronto, vegetarian food will follow food safety measures prescribed in the City of Toronto Public Health Guidelines and St. George Campus Safe Food Handling Guidelines. In addition, the University of Toronto food service outlets will prepare vegetarian food in HACCP environments. This food safety measure will ensure that no cross contamination occurs during the preparation or production process of vegetarian foods. Staff will be trained to ensure all the guidelines are followed.

Vegan
Similar to a vegetarian diet, a vegan diet is free from animal flesh (meat, fowl, fish or shellfish) and other ingredients resulting from the slaughter of animals. However, a vegan diet is also free from all other animal products, such as eggs, dairy or honey. For a list of locations on the St George campus that serve vegan entrees visit www.ueat.utoronto.ca
Special Dietary Needs and Food Choices

Kosher
Kosher food standards for the University of Toronto’s St. George campus were created by the department of Food Services in 2014 in cooperation with Hillel of Greater Toronto and the Multi-faith Centre according to the Kashruth Council of Canada’s C.O.R. Kosher certification regulations. These standards help raise awareness of the kosher options available to consumers while ensuring that clearly defined labeling practices are maintained across the St. George campus.

Halal
Halal food standards for the University of Toronto’s St. George campus were created by the department of Food Services in 2009 in cooperation with the Anti-Racism and Cultural Diversity Office, following the guidelines of the Federal Government’s Agriculture and Agri-Food Department and the Islamic Society of North America’s Halal Certification Agency. These standards help increase awareness of the Halal foods available to consumers while ensuring that clearly defined labeling practices are maintained across the St. George campus.

For more information on Food Standards please visit the Food Services website:

www.ueat.utoronto.ca
If there is an Emergency in the Dining Halls

In all cases, please report the emergency to one of our staff.

In case of FIRE, exit the Dining Hall when the alarm sounds. When the alarm ends you will be allowed back in to finish your meal ONLY if advised by an emergency services or University staff member.

In case of ILLNESS or INJURY, please report the problem to a staff member immediately. A member of the staff will be able to administer first aid and call for help as required.

**CAMPUSS POLICE**
(St. George, Downtown campus only)
Dial (416) 978-2222

**FOR EMERGENCIES**
POLICE, FIRE OR AMBULANCE
Dial 911
MEAL PLANS
SWIPE . SAVE . ENJOY!

If you commute or live on campus there is a Meal Plan for you!

- Eat a variety of food across campus
- Great budgeting tool for the year
- Tax free plans to save you more
- No cash needed to buy food
- Refundable and Transferable*

*Please see the Food Services website for terms and conditions

Buy online 24/7 at www.ueat.utoronto.ca

Food Services at University of Toronto
229 College Street, 2nd Floor
Toronto, Ontario, M5T 1R4
Phone: (416) 978 1735
Email: food.beverage@utoronto.ca
Director of Residential Dining: Chef James Piggott

www.ueat.utoronto.ca