## Menu Item MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

### Soups
- Thai Tomato Coconut, Chicken Minestrone
- Three Onion Puree, Beef Vegetable
- Borscht, Loaded Baked Potato Chowder
- Wild Mushroom with Thyme, Chicken and Edamame Broth
- Hot and Sour Soup, New England Clam Chowder
- Curried Apple and Leek, Asian Broth with BBQ Pork and Rice Noodles
- Green Lentil and Lemon, Thai Curry Beef

### Salad Bar

### Vegetarian Station
- Corn Bread, Southwestern Spinach & Lentil Stew, Cajun Spiced Tofu, Sweet Corn And Peppers, Tomato Rice
- Tortilla with Tomato Fresca, Refried Beans, Mexican Tortilla Bake, Braised Black Beans, Mexican Rice
- Tomato Gnocchi, Baked Veggie Penne, Tofu Paprikash, Sautéed Peppers and Zucchini, Herb Egg Noodles
- Vegetable & Tofu Curry, Roti, Fried Plantains, Collard Greens, Beans & Rice
- Marinated Tofu Chops, Garlic Points, Mediterranean Stew, Carrots Vichy, Rice Pilaf
- Spinach & Mushroom Strata, Quinoa Pilaf, Tofu a la King, Roasted Root Vegetables, Mashed Potatoes
- Ancient Grain Stew, Tofu L’Orange, Bean & Leek Cassoulet, Broccoli, Rice Pilaf

### Chef’s Table Entrée 1
- Basa Fillet With Fresh Herb and Tomato Salsa
- Tijuana Albondigas (Mexican Meatballs)
- Baked Chicken Penne
- Chicken Roti
- Pork Chops with Mushroom Gravy
- Saturday Family Roast: Yankee Pot Roast
- Chicken L’Orange

### Chef’s Table Entrée 2
- Cajun Spiced Chicken
- Mexican Style Roasted Pork Loin
- Beef Paprikash
- Carbonara Pasta Bake
- Mediterranean Seafood Stew with Garlic Points
- Salisbury Steak with Onion Gravy

### Flavours
- Pasta
- Fried Rice
- Ramen Station
- Fried Rice
- Pasta
- Stir-Fry Noodles
- Spaghetti Two Ways

### Greens and Things
- Mixed Melon: Watermelon, Cantaloupe, Honey Dew, Mandarin Oranges, Red Onion, Cucumber, Mint, Feta Cheese (Honey and Orange Vinaigrette)
- Subs Away: Cold Cuts, Turkey, Roasted Vegetables, Egg Salad, Tuna Salad, Cheddar, Swiss, Tomatoes, Red Onions, Hot peppers, Cucumber, Sub Sauce
- Russian Salad: Potatoes, Pickles, Carrots, Peas Eggs, Celery, Onions, Chicken, Ham, Dill
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- Subs Away: Cold Cuts, Turkey, Roasted Vegetables, Egg Salad, Tuna Salad, Cheddar, Swiss, Tomatoes, Red Onions, Hot peppers, Cucumber, Sub Sauce
- Russian Salad: Potatoes, Pickles, Carrots, Peas Eggs, Celery, Onions, Chicken, Ham, Dill
- Bubble Tea: Daily Tea, Daily Milk Tea, Bubbles, Daily Fruit

### Pizza Station
- Pepperoni Cheese, Margherita
- Pepperoni, Cheese, Classic Vegetarian, Bacon and Onion Alfredo
- Pepperoni, Cheese, Sweet Potato and Spinach, Texas Pulled Pork
- Pepperoni, Cheese, Sun Dried Tomato and Red Onion, Italiano
- Pepperoni, Cheese, Chef’s Choice
- Pepperoni, Cheese, Chef’s Choice

### Desserts
- Boston Cream Cake
- Coconut Cream Pie
- Ontario Pear and Peach Cobbler
- Berry Delight Pie
- Cranberry Squares
- Chef’s Choice
- Chef’s Choice