Menu Item

Monday
Squash and Apple Puree(VG)
Roasted Root Vegetable(VG)
Barley and Cheddar Broth(VG)
French Onion and Swiss Cheese

Tuesday
Jerk Chicken, Rice and Beans
Ham and Split Green Pea
Chicken, Ginger and Green Onion
Hungarian Beef Goulash (H)

Wednesday
Eggplant Parmesan(VG)
Swedish "Chicken"Mushrooms(V)
Southern Baked Tofu(V)
Batter Fried Lemon Tofu(V)

Thursday
Spicy Vegetarian(VG)
Prosciutto Tomato Arugula
Pesto Chicken

Friday
Santorin Chicken Legs(H)
Ocean Wise Approved Battered Fish

Saturday
Beef Burger(H)
Pepperoni

Sunday
Beef Burger(H)

Vegetarian Soup of the Day
22-Sep-19
Squash and Apple Puree(VG)
Roasted Root Vegetable(VG)
Barley and Cheddar Broth(VG)
French Onion and Swiss Cheese
Crostini(VG)

Beef Based Soup of the Day
25-Sep-19
Jerk Chicken, Rice and Beans
Ham and Split Green Pea
Chicken, Ginger and Green Onion
Hungarian Beef Goulash (H)
Boston Clam Chowder

Saled Bar
Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.

Deli Bar
An assortment of cold meats, tuna salad, egg salad accompanied with a variety of selected toppings and sauces.

Grill Station
Tandoori Chicken Legs(H)
Swedish Meatballs
American Pastries

Chef Table Entree
Tandoori Chicken Legs(H)
Swedish Meatballs
Southern Baked Chicken Legs(H)

Vegan Entrée
Kawara Stew(V)
Tortilla Crusted Tofu with Pico De Gallo

Vegan Table
Tortillas Crusted Tofu with Pico De Gallo

Chef Table Starch
Sourdough Baguette(VG)

Action Station
Fried Rice Station
Pasta Station

Southwest:
Sliced Chilled Beef, Cheese, Tomatoes, Sour Cream, Guacamole, Green Onions, Lettuce, Salsa, Hot Sauces

Bank MI:
Marinated Dill Radish and Carrot, Laverwurst, Sausage, Cucumber, Corned Beets, Chives, Green Onions

Sockeye Slaw:
Crispy Kale, Red Onion, Vegan Salsa, Ranch Dressing, Sourdough Bread

Dessert:
Banana Bread with Coconut Frosting
Coconut and Pineapple Rice Pudding

Swedish Meatballs
Sliced ""Chicken"Mushrooms(V)
Swedish Meatballs
Green Beans(VG)
Broccoli and Cheddar(VG)
Pepperoni Cheese(VG)
Pepperoni Sausage(VG)
Pepperoni Cheese(VG)
Mexican Taco

Swedish ""Chicken"Mushrooms(VG)
French Onion and Swiss Cheese
Crostini(VG)

Bun
Warm Apple Crisp
Caramel Custard Pie

Menu Item

Monday
Squash and Apple Puree(VG)
Roasted Root Vegetable(VG)
Barley and Cheddar Broth(VG)
French Onion and Swiss Cheese
Crostini(VG)

Tuesday
Jerk Chicken, Rice and Beans
Ham and Split Green Pea
Chicken, Ginger and Green Onion
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Boston Clam Chowder

Wednesday
Eggplant Parmesan(VG)
Swedish "Chicken"Mushrooms(V)
Southern Baked Tofu(V)
Batter Fried Lemon Tofu(V)

Thursday
Spicy Vegetarian(VG)
Prosciutto Tomato Arugula
Pesto Chicken

Friday
Santorin Chicken Legs(H)
Ocean Wise Approved Battered Fish

Saturday
Beef Burger(H)
Pepperoni

Sunday
Beef Burger(H)

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Swedish Meatballs
American Pastries

Chef Table Entree
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Swedish Meatballs
Southern Baked Chicken Legs(H)

Vegan Entrée
Kawara Stew(V)
Tortilla Crusted Tofu with Pico De Gallo

Vegan Table
Tortillas Crusted Tofu with Pico De Gallo

Chef Table Starch
Sourdough Baguette(VG)

Action Station
Fried Rice Station
Pasta Station

Southwest:
Sliced Chilled Beef, Cheese, Tomatoes, Sour Cream, Guacamole, Green Onions, Lettuce, Salsa, Hot Sauces

Bank MI:
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Pepperoni Sausage(VG)
Pepperoni Cheese(VG)
Mexican Taco

Swedish ""Chicken"Mushrooms(VG)
French Onion and Swiss Cheese
Crostini(VG)

Bun
Warm Apple Crisp
Caramel Custard Pie

Menu Item

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Batter Fried Lemon Tofu(V)

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Spicy Vegetarian(VG)
Prosciutto Tomato Arugula
Pesto Chicken

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Ocean Wise Approved Battered Fish

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Beef Burger(H)
Pepperoni

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Vegan Table
Tortillas Crusted Tofu with Pico De Gallo

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Sourdough Baguette(VG)

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Pasta Station

Southwest:
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